

TDNI 2019
WOMEN'S COMPETITION SCHEDULE
MASS MUTUAL CENTER
1277 MAIN STREET
SPRINGFIELD, MA

GYM A

FRIDAY, JANUARY 25, 2019

SESSION 1: LEVEL 6 – 51 ATHLETES

Anchor, CGA, Cobra, Daggett's, Elite, Gym & More, Marcov's, Metro South, Reading

OPEN STRETCH: 8:00am

COMPETITION: 8:30am

AWARDS: 10:15am

SESSION 2: LEVEL 6 – 51 ATHLETES

Chelsea Piers-CT, Dudziak's, GLC, Hampshire, SSGA, Yellow Jackets

OPEN STRETCH: 9:45am

COMPETITION: 10:15am

AWARDS: 12:00pm

SESSION 3: LEVEL 6/7 – 52 ATHLETES

Level 6 – Cape Cod, Deary's, Gymfest, Gym Ken, North Atlantic, Shen's, Thompson's

Level 7 – 10.0, Deary's, Gym-Ken, GLC, Hampshire, North Atlantic, Reading, Shen's, Thompson's, Vasi's

OPEN STRETCH: 12:00p m

COMPETITION: 12:30pm

AWARDS: 2:15pm

SESSION 4: LEVEL 7 – 50 ATHLETES

Anchor, CGA, Cobra, Gym & More, Metro South, Yellow Jackets

OPEN STRETCH: 2:00pm

COMPETITION: 2:30pm

AWARDS: 4:30pm

SESSION 5: LEVEL 7 – 47 ATHLETES

Cape Cod, Chelsea Piers-CT, Daggett's, Dudziak's, Elite, Gymfest, Marcov's, North Bay, SEGA, SSGA

OPEN STRETCH: 4:30pm

COMPETITION: 5:00pm

AWARDS: 7:00pm

SESSION 6: LEVEL 9 – 45 ATHLETES

CGA, Daggett's, Elite, Reading, SEGA, Yellow Jackets

OPEN STRETCH: 7:00pm

COMPETITION: 7:30pm

AWARDS: 9:45pm

GYM A

SATURDAY, JANUARY 26, 2019

SESSION 7: LEVEL 5 – 50 ATHLETES

Anchor, Gym & More, Jean's, Metro South, North Atlantic, Shen's, SSGA, Spectrum

OPEN STRETCH: 8:00am

COMPETITION: 8:20am

AWARDS: 10:15am

SESSION 8: LEVEL 8 – 47 ATHLETES

Aim High, CGA, Elite, Reading, Yellow Jackets

OPEN STRETCH: 10:15am

COMPETITION: 10:45am

AWARDS: 1:00pm

SESSION 9: LEVEL 8 – 45 ATHLETES

Anchor, Daggett's, Gym & More, Hampshire, Marcov's, Metro South, Mid Island, Vasi's

OPEN STRETCH: 1:00pm

COMPETITION: 1:30pm

AWARDS: 3:45pm

SESSION 10: LEVEL 8/9 – 47 ATHLETES

Level 8 – All Ranks, Chelsea Piers-CT, Deary's, GC2, Gym-Ken, Shen's, Thompson's

Level 9 – 10.0, Aim High, Cape Cod, Chelsea Piers-CT, Deary's, Dudziak's, Gymfest, Gym & More, Hampshire, Metro South, Mid Island, North Atlantic, North Bay, SSGA

OPEN STRETCH 3:45pm

COMPETITION: 4:15pm

AWARDS: 6:30pm

SESSION 11: LEVEL 10 – 58 ATHLETES

All Level 10

OPEN STRETCH: 6:30pm

COMPETITION: 7:00pm

AWARDS: 9:45pm

GYM A

SUNDAY, JANUARY 27, 2019

SESSION 12: LEVEL 5 – 51 ATHLETES

10.0, Cape Cod, Elite, GLC, Reading, Yellow Jackets

OPEN STRETCH: 8:00am

COMPETITION: 8:20am

AWARDS: 10:15am

SESSION 13: LEVEL 4 – 54 ATHLETES

Dudziak's, Elite, Gym-Ken, Hampshire, Marcov's, North Atlantic, Shen's, Yellow Jackets

OPEN STRETCH: 10:15am

COMPETITION: 10:35am

AWARDS: 12:30pm

SESSION 14: LEVEL 4 – 53 ATHLETES

10.0, Anchor, Cape Cod, GLC, Reading

OPEN STRETCH: 12:40pm

COMPETITION: 1:00pm

AWARDS: 3:00pm

SESSION 15: LEVEL 4 – 48 ATHLETES

Chelsea Piers-CT, CGA, SSGA, Jean's, Metro South,

OPEN STRETCH: 3:00pm

COMPETITION: 3:20pm

AWARDS: 5:15pm

SESSION 16: Level 4 – 49 ATHLETES

Daggett's, Deary's, Gymfest, Gym & More, Spectrum,

OPEN STRETCH: 5:15pm

COMPETITION: 5:35pm

AWARDS: 7:30pm

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FRIDAY, JANUARY 25, 2019

SESSION 1: XCEL PLATINUM – 58 ATHLETES

Anchor, Cape Cod, CGA, Cobra, Daggett's, GLC, Spectrum

OPEN STRETCH: 4:00pm

COMPETITION: 4:30pm

AWARDS: 6:30pm

SESSION 2: XCEL PLATINUM/XCEL DIAMOND – 60 ATHLETES

Xcel Platinum – 10.0, Deary's, Gymfest, Paradise

All Xcel Diamond

OPEN STRETCH: 6:30pm

COMPETITION: 7:00pm

AWARDS: 9:30pm

GYM B

***UPDATED AS OF 12/26/18**

ALL OF THE FOLLOWING SESSIONS HAVE CHANGED – PLEASE READ CAREFULLY!

SATURDAY, JANUARY 26, 2019

SESSION 3: XCEL SILVER – 55 ATHLETES

Anchor, Cape Cod, CGA, Deary's

OPEN STRETCH: 8:00am

COMPETITION: 8:20am

AWARDS: 10:15am

SESSION 4: XCEL SILVER – 50 ATHLETES

GLC, Jean's, Paradise

OPEN STRETCH: 10:15am

COMPETITION: 10:35am

AWARDS: 12:30pm

SESSION 5: XCEL SILVER/XCEL GOLD – 58 ATHLETES

Xcel Silver – Dudziak's, Gymfest

Xcel Gold – Anchor, Cape Cod, Cobra

OPEN STRETCH: 12:30pm

COMPETITION: 1:00pm

AWARDS: 3:00pm

SESSION 6: XCEL SILVER/XCEL GOLD – 53 ATHLETES

Xcel Silver – 10.0, Daggett's, Noha's

Xcel Gold – 10.0, Dudziak's, Gymfest, Jean's, Noha's, Paradise

OPEN STRETCH: 3:00pm

COMPETITION: 3:30pm

AWARDS: 5:15pm

SESSION 7: XCEL GOLD – 59 ATHLETES

CGA, Daggett's, Deary's, GLC

OPEN STRETCH: 5:15pm

COMPETITION: 5:45pm

AWARDS: 7:45pm

GYM B

***UPDATED AS OF 12/26/18**

ALL OF THE FOLLOWING SESSIONS HAVE CHANGED – PLEASE READ CAREFULLY!

SUNDAY, JANUARY 27, 2019

SESSION 8: XCEL BRONZE – 65 ATHLETES

All Xcel Bronze

OPEN STRETCH: 8:00am

COMPETITION: 8:20am

AWARDS: 10:45am

SESSION 9: LEVEL 3 – 55 ATHLETES

CGA, Chelsea Piers-CT, GLC, Yellow Jackets

OPEN STRETCH: 10:45am

COMPETITION: 11:05pm

AWARDS: 12:45pm

SESSION 10: LEVEL 3 – 56 ATHLETES

Anchor, Daggetts, Gymfest, Gym-Ken, Jean's, Marcov's, SSGA

OPEN STRETCH: 1:15pm

COMPETITION: 1:35pm

AWARDS: 3:15pm

SESSION 11: LEVEL 2/3 – 54 ATHLETES

All Level 2

Level 3 – Cape Cod, Deary's, Elite, Metro South

OPEN STRETCH: 3:15pm

COMPETITION: 3:35pm

AWARDS: 5:15pm